

Assume
$$J\Sigma$$
 is rational

$$J\Sigma = \frac{P}{Q} \qquad \text{where } P_{r}Q \qquad \text{are coprime integers} \\
2 = \frac{P^{2}}{Q^{2}} \\
2Q^{2} = P^{2} \\
\Rightarrow P^{2} \text{ is even} \qquad \text{say } 2p \\
J\Sigma = \frac{2P}{Q} \\
2 = \frac{4P^{2}}{Q^{2}} \\
2Q^{2} = 4P^{2} \\
Q^{2} = 2P^{2} \\
\Rightarrow Q^{2} \text{ is even} \qquad \text{say } 2q \\
J\Sigma = \frac{P}{Q} = \frac{2P}{Q^{2}} \\
\Rightarrow Q \text{ is even} \qquad \text{say } 2q \\
J\Sigma = \frac{P}{Q} = \frac{2P}{2q} \\
This contradicts P_{r}Q \text{ being coprime assumption } J\Sigma \text{ is irrational}}$$